

Crossley Street Primary School

PSHE LTP

PSHE topics - green. Mind Mate topics - blue. RSE topics - pink

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	<p>Mental health and emotional wellbeing (feelings)</p> <p>Feeling good and being me (Recognising feelings)</p> <p>Life Changes (New school/class, making new friends)</p>	<p>Drug, alcohol and tobacco education (What do we put into and onto our bodies?) - D-Side visit.</p> <p>Friends and family (Recognise how others show feelings and know how to respond)</p>	<p>Keeping safe and managing risk (Feeling safe)</p> <p>Strong emotions (Know what is fair/unfair, right/wrong)</p>	<p>Careers, financial capability and economic wellbeing (My money)</p> <p>Being the same and being different (Celebrating differences)</p>	<p>Identity, society and equality (Me and others)</p> <p>Solving problems/making it better (I can work well in a small group)</p>	<p>Physical health and wellbeing (Fun times)</p>

<p>Year 2</p>	<p>Physical health and wellbeing (What keeps me healthy?)</p> <p>Feeling good and being me (celebrating strengths and setting goals)</p> <p>Solving problems/Making it better (Not giving up perseverance) Moral message (wk 4)</p>	<p>Drug, alcohol and tobacco education (Medicines and me) - D-Side visit</p> <p>Friends and family (Impact of behaviour on others) Moral message (wk1)</p> <p>Being the same, being different (Beginning to understand empathy) Moral message (wk2)</p>	<p>Mental health and emotional wellbeing (Friendships)</p> <p>Strong emotions (Comfortable and uncomfortable feelings)</p>	<p>Sex and relationship education (Boys and girls, families)</p>	<p>Loss and Bereavement (Winston's Wish)</p> <p>Life Changes (Loss, I can talk about my feelings when I have lost something)</p>	<p>Keeping safe and managing risk (indoors and outdoors).</p>
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Year 3	<p>Identity, society and equality (Celebrating difference)</p> <p>Solving problems/Making it better (Dealing with difficult situations) Moral message (wk3)</p>	<p>Drug, alcohol and tobacco education (Tobacco is a drug)</p> <p>Being the same and being different (Differing opinions) Moral message (wk2)</p>	<p>Mental health and emotional wellbeing (Strengths and challenges)</p> <p>Feeling good and being me (Goals and aspirations - setting goals) Moral message (wk1)</p>	<p>Careers, financial capability and economic wellbeing (Saving, spending and budgeting)</p> <p>Friends and family (Unkind behaviours and impact on others) Moral message (wk 4)</p>	<p>Physical health and wellbeing (What helps me choose?)</p> <p>Strong Emotions (Strong emotions including anger) Moral message (wk1)</p>	<p>Keeping safe and managing risk (Bullying - see it, say it, stop it)</p> <p>Life changes (Life in KS2, new faces, new routines) Moral message (wk5)</p>
Year 4	<p>Keeping safe and managing risk (Playing safe)</p> <p>Feeling good and being me (feelings)</p>	<p>Drug, alcohol and tobacco education (Making choices)</p> <p>Friends and family (skills to)</p>	<p>Physical health and wellbeing (What is important to me?)</p> <p>Life changes (Positive &</p>	<p>Identity, society and equality (Democracy)</p> <p>Strong emotions</p>	<p>Mental health and emotional wellbeing (In the media/dealing with feelings)</p> <p>Being the same</p>	<p>Sex and relationship education (Growing up and changing)</p> <p>Solving</p>

	intensity, describing feelings with a range of words)	maintain and keep positive relationships)	negative effects on emotional wellbeing & mental health)	(Resisting pressure)	and being different (Know that actions affect themselves and others)	problems/making it better (Coping with difficult situations)
Year 5	<p>Keeping safe and managing risk (When things go wrong)</p> <p>Feeling good & being me (Self-Belief I can do ...)</p>	<p>Drug, alcohol and tobacco education (Different influences)</p> <p>Friends & Family (Unhealthy friendships & relationships)</p>	<p>Loss and Bereavement - Winston's Wish</p> <p>Life Changes (Aspirations to manage change positively)</p>	<p>Sex and relationship education (Growing up and changing)</p> <p>Strong emotions (Strong emotions & mental health)</p>	<p>Identity, society and equality (Stereotypes, discrimination and prejudice)</p> <p>Being the same, being different (Stigma I know what stereotyping is)</p>	<p>Careers, financial capability and economic wellbeing (Borrowing and earning money)</p> <p>Solving problems/ Making it better (Talking it through Restorative justice)</p>

<p>Year 6</p>	<p>Identity, society and equality (Human rights)</p> <p>Feeling good and being me (Self-Integrity)</p>	<p>Drug, alcohol and tobacco education (Weighing up risk)</p> <p>Friends and family (Celebrating friendship)</p>	<p>Mental health and emotional wellbeing (Healthy minds)</p> <p>Life Changes (Moving on, I can talk about changes I am looking forward to)</p>	<p>Sex and relationship education (Healthy relationships/How a baby is made)</p> <p>Strong Emotions (Understanding emotional well-being)</p>	<p>Sex and relationship education (Healthy relationships/How a baby is made)</p> <p>Being the same, being different (Body image/social media)</p>	<p>Keeping safe and managing risk (Keeping safe out and about)</p> <p>Solving problems/Making it better (Looking after our mental health)</p>
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