CROSSLEY STREET PRIMARY SCHOOL

Crossley Street Primary School

RSHE Policy

Policy Date: September 2026

Date of Policy approval : 30th September 2026

Date of Policy review: September 2027

Policy approved by : Full Governing Body

Introduction

At Crossley Street, we believe that Relationships, Sex Education and Health (RSHE) is an essential part of every child's education. Our curriculum enables pupils to develop the knowledge, skills and values they need to form healthy relationships, keep themselves safe, understand their changing bodies and prepare for life in modern Britain.

We deliver RSHE through the **Kapow Primary RSHE & PSHE Scheme of Work**, supported by the National Curriculum for Science and our wider safeguarding curriculum.

RSHE is taught in a way that is age-appropriate, evidence-informed, inclusive and respectful of the diverse backgrounds represented within our school community.

Statutory Requirements

This policy has been developed in accordance with:

- The Children and Social Work Act 2017
- The Education Act 2002
- The Equality Act 2010
- Keeping Children Safe in Education
- The revised statutory Relationships, Sex and Health Education Guidance (effective September 2026)
- The National Curriculum (2014)

At primary school:

- Relationships Education is statutory.
- Health Education is statutory.
- Sex Education beyond the National Curriculum for Science is non-statutory.

Aims

Through our Relationships, Sex and Health Education (RSHE) curriculum, pupils develop the knowledge, skills and understanding they need to build positive relationships, stay safe and prepare for life now and in the future.

- build positive and respectful relationships

- understand different types of families
- recognise healthy and unhealthy relationships
- know how to stay safe online and offline
- understand consent, personal boundaries and body autonomy in age-appropriate ways
- recognise abuse, coercion and unsafe situations
- know how to seek help from trusted adults
- understand the physical and emotional changes associated with growing up
- develop confidence, self-respect and empathy
- prepare for secondary school and adult life.

RSHE Statutory Guidance

The revised RSHE statutory guidance strengthens expectations that schools should:

- teach respectful relationships through a safeguarding lens;
- strengthen teaching about consent and personal boundaries using age-appropriate examples;
- provide more comprehensive online safety education, including online relationships, image sharing, misinformation and harmful content;
- teach factual information about biological sex and the law while treating all pupils with dignity and respect;
- ensure teaching materials are accurate, evidence-informed and suitable for pupils' ages;
- work closely with parents and publish clear curriculum information;
- ensure RSHE supports safeguarding and reflects local needs where appropriate.

Curriculum Overview

Kapow Primary provides a progressive and inclusive curriculum from Reception to Year 6.

Reception

Children learn about:

- friendships
- kindness
- sharing
- recognising emotions
- trusted adults
- personal privacy

- keeping safe
- similarities and differences

Year 1

Children learn:

- what makes a good friend
- respecting others
- families who care for us
- privacy
- personal space
- trusted adults
- keeping safe online.

Year 2

Children learn:

- healthy friendships
- recognising bullying
- asking permission
- respecting differences
- body privacy
- keeping personal information safe.

Year 3

Children learn:

- respectful relationships
- managing disagreements
- recognising unsafe situations
- early body changes
- seeking help
- online communication

Year 4

Children learn:

- puberty
- emotional changes
- stereotypes
- healthy relationships
- peer influence
- personal boundaries
- online safety.

Year 5

Children learn:

- puberty in greater detail
- reproduction linked to the science curriculum
- consent
- respectful relationships
- online influences
- managing emotions
- media literacy.

Year 6

Children learn:

- healthy adult relationships
- preparing for secondary school
- human reproduction
- consent
- image sharing
- online safety
- managing change responsibly
- exploitation awareness.

Sex Education

The National Curriculum requires children to learn about:

- human life cycles
- puberty
- reproduction in plants and animals
- human reproduction in Year 5 and Year 6 Science.

Our school also teaches a small amount of additional sex education through Kapow to prepare pupils appropriately for secondary school.

Parents have the right to request that their child is withdrawn from these additional non-statutory sex education lessons and this can be done by contacting your child's class teacher in the first instance.

Parents cannot withdraw children from:

- Relationships Education;
- Health Education; or ● National Curriculum Science.

Teaching and Learning

Teachers create safe, respectful classrooms where children feel confident asking questions.

Lessons encourage:

- discussion
- questioning
- reflection
- respectful debate
- critical thinking
- collaborative learning.

Teachers answer questions honestly and in an age-appropriate manner. Where questions are outside the planned curriculum or relate to individual circumstances, staff will respond sensitively and, where appropriate, encourage pupils to discuss these matters with a trusted adult at home.

Inclusion

Our RSHE curriculum is inclusive and accessible to all pupils.

Teaching reflects the Equality Act 2010 and promotes respect for everyone regardless of:

- age
- disability
- race
- religion or belief
- sex
- sexual orientation
- family structure
- gender reassignment

Children learn that families and caring relationships may look different while recognising that all relationships should be based on love, care, respect and safety.

Reasonable adjustments are made to ensure pupils with SEND can access the curriculum successfully.

Safeguarding

RSHE is taught within a safe and supportive environment where pupils feel respected and able to explore issues in an age-appropriate way. Safeguarding is embedded throughout the curriculum.

Staff will:

- establish and revisit clear ground rules for discussion
- use distancing techniques, such as stories, scenarios and case studies, when exploring sensitive topics
- encourage pupils to discuss issues generally rather than share personal or family experiences
- create a respectful classroom climate where all pupils feel valued and listened to
- never promise confidentiality
- explain that concerns about a child's safety or wellbeing must be shared with the Designated Safeguarding Lead
- follow the school's safeguarding procedures, recording and reporting concerns without delay.

Assessment

Assessment is formative and includes:

- observation;
- discussion;
- pupil reflection;
- retrieval activities;
- teacher assessment against Kapow learning outcomes.

Working with Parents

The school values parents as children's first educators.

We will:

- publish this policy on the school website;
- provide curriculum information;
- notify parents before teaching puberty and sex education units;
- offer opportunities for parents to ask questions about the curriculum;
- respond to requests for withdrawal from non-statutory sex education in accordance with statutory guidance.

Roles and Responsibilities

Governors

Governors will:

- approve this policy
- support curriculum development
- monitor statutory compliance

Headteacher

The Headteacher will:

- ensure statutory requirements are met
- support staff
- oversee implementation.

PSHE Subject Leader

The Subject Leader will:

- monitor teaching and learning

- provide CPD
- update curriculum documentation
- evaluate impact
- Maintain and develop curriculum resources, including Kapow materials.

Teachers

Teachers will:

- deliver high-quality lessons
- create safe, inclusive and respectful learning environments
- assess pupils' learning and progress
- promote positive relationships, wellbeing and personal development
- follow safeguarding procedures and report concerns appropriately.

Monitoring

The RSHE Subject Leader will monitor:

- curriculum coverage;
- quality of teaching;
- assessment;
- pupil voice;
- staff training needs;
- compliance with statutory requirements.

The Governing Body will monitor the effectiveness of this policy through regular reports from the Headteacher and Subject Leader.
